

## LOW RED BLOOD CELL COUNT DOCTOR DISCUSSION GUIDE

*Print these questions and bring them with you to your next doctor visit. Ask your doctor:*

Am I at risk for anemia?

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What will you look at to determine whether or not I have anemia?

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Can anemia affect my treatment?

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What are my hemoglobin (Hb) and hematocrit (Hct) levels?

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What do I do if I think I have symptoms of anemia?

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What is the cause of my anemia?

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I am too tired to do the things I want to do since I started chemotherapy (chemo).  
Could this be due to anemia?

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I am experiencing dizziness. Could this be related to anemia?

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